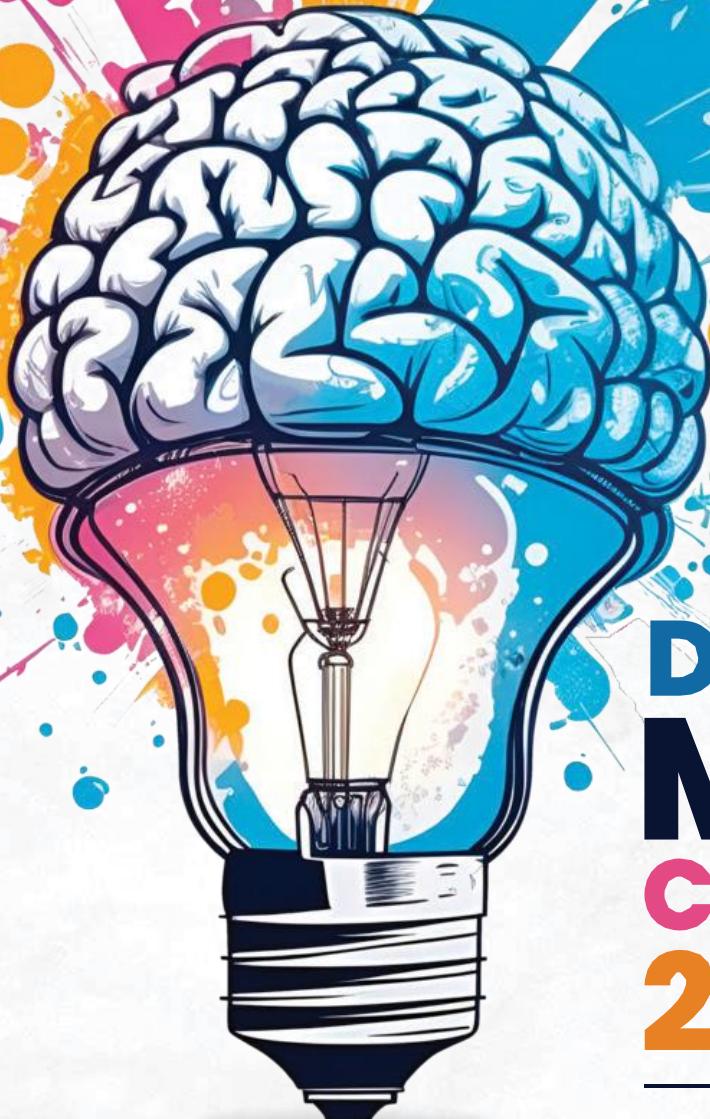


Approved by



Organized by



DELHI MEMORY CHAMPIONSHIP 2025



What is Memory Championship?

The Memory Championship is a competitive event where participants showcase their ability to memorize and recall large amounts of information within a set time.

It is a competition where participants demonstrate exceptional memorization skills.

Delhi Memory Championship 2025 (DMC)

The Delhi Memory Championship is a premier competitive platform designed to push the boundaries of human memory and cognitive excellence. Organized by Sehaj Academy.

This championship is more than just a competition; it is a movement to empower individuals with advanced memory techniques that enhance learning, productivity, and mental agility. With scientifically designed memory challenges, participants develop sharper recall abilities, faster information processing, and improved concentration.

With multiple prize categories, trophies, certificates, and exclusive training sessions, the Delhi Memory Championship is a stepping stone to mastering the art of memory.

About



The Memory Sports Federation of India (MSFI) serves as the governing body for memory sports across India, operating under the umbrella of the International Association of Memory (IAM), based in Germany. Established to promote memory sports and mental athleticism, MSFI organizes competitions, training programs, and educational initiatives to enhance cognitive abilities and memory skills among individuals of all ages and backgrounds. Through its affiliation with IAM, MSFI adheres to international standards and guidelines, fostering a competitive yet collaborative environment for memory athletes across India. With a focus on advancing the field of memory sports, MSFI aims to elevate the profile of Indian participants on the global stage while contributing to the development of cognitive enhancement techniques and strategies.

About



International Association of Memory (IAM) is the global governing body for Memory Sports Headquartered in Germany which connects various National Memory Sports Federations. IAM is a worldwide federation with an overarching vision of bringing memory sports to everybody.

Championship Format

The Delhi Athletes will be participating across **4 categories**



Kids

Age Group: 5-12 Years



Adults

Age Group: 18-59 Years



Juniors

Age Group: 13-17 Years



Seniors

Age Group:
60 Years & above

**Memory Athletes compete across
5 Disciplines:**



Random Words



Images



Fictional Dates



Speed Numbers



Speed Cards

**Win Multiple prizes & hold
the title of Delhi Memory
Champion 2025**



Medals & Certificates



Trophies



Cash Prizes



Delhi Memory Champion

Founder's Note

Nidhi Kapoor

Sehaj Academy (Executive Member - MSFI)

At Sehaj Academy, we believe that every student has a genius within — all they need is the right training to unlock it. As pioneers in Memory and Championship Trainings, we have empowered thousands of students across India and beyond to tap into their brain's full potential through world-class memory techniques and cognitive strategies.

Our unique programs are designed not just to improve memory, but to transform students into memory athletes capable of extraordinary feats — from memorizing entire books to breaking world records. Under the expert guidance of Ms. Nidhi Kapoor and her trainers, our students have gone on to win numerous Gold, Silver, and Bronze medals, proudly representing India on global platforms.

Why Train with us:

- **Proven Track Record:** Thousands of success stories. Multiple memory champions. Global recognition.
- **Championship - Focused Training:** We prepare students for national and international memory championships, turning practice into precision.
- **Customized Curriculum:** Age-appropriate, scientifically backed training that develops not just memory, but also focus, confidence, and mental agility.
- **Expert Mentorship:** Learn from the best — our trainers are seasoned memory athletes and certified experts.

As a founder of Sehaj Academy, I look forward to collaborating with schools and provide platform to help students showcase their talents at State, National and International levels by participating in School and Delhi Memory Championship (being organized in November 2025), in association with International Association of Memory (IAM, Germany) and Memory Sports Federation of India (MSFI).



President - MSFI
(Delhi/NCR)

With proper training, students can achieve -

- **Unmatched Academic Excellence**
- **Recognition as Memory Athletes**
- **Opportunities to Represent India Globally**
- **World Records & National Titles**
- **Increased Focus, Faster Learning and Better Retention**

Delhi Memory Championship (DMC) Road Map:



Past Championship Memories



World Memory Championship 2023,
Navi Mumbai, India



World Memory Champions
WMC 2023



Chief Arbiter at
Delhi Memory Championship 2024



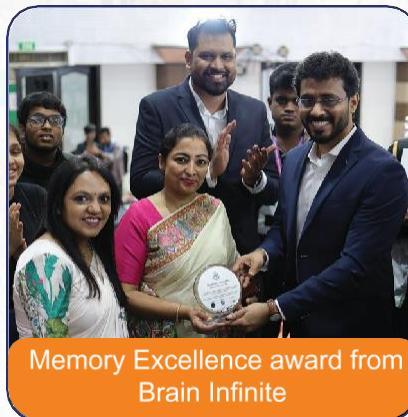
Delhi Memory Championship 2024
Winners



My Student Sunanda,
World Record Holder



National Memory Championship
2024 - Sr, Champion



Memory Excellence award from
Brain Infinite



National Memory Champions
2024

Media Coverages

Showcasing India's Brightest Minds in Mumbai



इंडियन नेशनल मेमोरी चैंपियनशिप 2024: मुंबई में भारत के सबसे प्रतिभाशाली स्मरणशक्ति वालों का उत्कृष्ट प्रदर्शन

दैनिक हिंदू मुंबई में बहुराज्यीय स्तर पर आयोजित 2024 संस्करण का आयोजन 28 और 29 सितंबर, 2024 को सफलतापूर्वक संपन्न हुआ।

इंडियन नेशनल मेमोरी चैंपियनशिप 2024 का आयोजन 28 और 29 सितंबर, 2024 को सफलतापूर्वक संपन्न हुआ।

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वर्ल्ड मेमोरी चैंपियनशिप 2023 प्रथम च 28 ते 26 नोव्हेंबर दरम्यान नवी मुंबई येथे आयोजित

मुंबई - ब्रेन इन्फिनिट द्वारे आयोजित आणि इंटरनॅशनल असोसिएशन ऑफ मेमोरी द्वारे मंजूर झालेल्या या कार्यक्रमात 13 देशातील 309 सहभागींनी सहभाग घेतला आणि कागदपत्रे स्तरावर त्यांच्या अविश्वकनीय स्मृती कौशल्याचे प्रदर्शन केले.

वर्ल्ड मेमोरी चैंपियनशिप प्रथम भारतात आयोजित झाले. हा एक वार्षिक अनुभव आहे, आमच्या घरी

Meet the Indian world champ who memorised 80 numbers in 13.5 secs

Michael S. Rosenwald

In early Feb, Vishvava Rajakumar, a 20-year-old Indian college student, won the Memory League World Championship, an online competition pitting people against one another with challenges like memorising the order of 80 random numbers faster than most people can take a shoelace.

Retired neuroscientist Eleanor Maguire, who died in 2015, studied mental athletes like Rajakumar and found that many of them used the ancient Roman "method of loci," a memorisation trick also known as the "memory palace."



Indian National Memory Championship 2024: Showcasing India's Brightest Minds in Mumbai

Mumbai, Vienta Aduka: Memory Sports Federation of India (MSFI) proudly announced The Indian National Memory Championship 2024 edition, held successfully on 28 and 29th September, 2024. Organised by Brain Infinite Education and Approved By International Association of Memory (IAM) in Teraparch (Bhavan, Thakur Complex Kandivali East, Mumbai). This prestigious event brought together some of the finest minds across the nation, demonstrating exceptional feats of memory and cognitive abilities across various challenging tasks.

Indian National Memory Championship 2024: Showcasing India's Brightest Minds in Mumbai

Mumbai Sports Federation of India (MSFI) proudly announced The Indian National Memory Championship 2024 edition, held successfully on 28 and 29th September, 2024. Organised by Brain Infinite Education and Approved By International Association of Memory (IAM) in Teraparch (Bhavan, Thakur Complex Kandivali East, Mumbai). This prestigious event brought together some of the finest minds across the nation, demonstrating exceptional feats of memory and cognitive abilities across various challenging tasks.

वर्ल्ड मेमोरी चैंपियनशिप 2023 प्रथम च भारतात, 28 ते 26 नोव्हेंबर दरम्यान नवी मुंबई येथे आयोजित

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First-ever unique World Memory Championship

MSFI proudly announced The Indian National Memory Championship 2024 edition, held successfully on 28 and 29th September, 2024. Organised by Brain Infinite Education and Approved By International Association of Memory (IAM) in Teraparch (Bhavan, Thakur Complex Kandivali East, Mumbai). This prestigious event brought together some of the finest minds across the nation, demonstrating exceptional feats of memory and cognitive abilities across various challenging tasks.

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DELHI MEMORY CHAMPIONSHIP 2025

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